
Profile

Jodi

First Name

L.T.

Middle Initial

Roberts

Last Name

[Redacted]

Email Address

[Redacted]

Street Address

[Redacted]

Suite or Apt

Duluth

City

MN

State

[Redacted]

Postal Code

District 4

What district do you live in?

[Redacted]

Primary Phone

Self Employed by E3 IWIN PORTS, LLC (Energy and Empowerment through Exercise)

Employer

[Redacted]

Alternate Phone

Owner & Programmer

Job Title

Which Boards would you like to apply for?

Parks and Recreation Commission

Interests & Experiences

Why are you interested in serving on a board or commission?

At the 2016 Annual meeting, Mayor Larson encouraged us to share our stories. That made me smile, because I encourage the same thing when I am wellness coaching, and the weekly blog that I write, always includes a story. With this encouragement in mind, here are a few stories of mine, related to the Parks of Duluth, MN. I moved to Duluth in the spring of 2012, and reside in West Duluth, across from Merritt Park. The park was one reason that I purchased my home, the location to a park with a playground was perfect! I have a young step-daughter, and outdoor play is important to us as a family. The first summer we spent our time exploring the various parks, by hooking up the tag-along behind my bike, and ride to the numerous neighborhood parks for fun and exploration. My sdaughter found her favorites, because of distance and the variety of equipment, and since then we typically frequent her favorites. And now that she can ride her own

bike, she often asks if we can ride to the park to play...and she discovered a "Little Free Library" a couple of summers ago that is only about 1 block away from the park, so after we play, she rides to get a new book, and return her latest one. Parks and Library's close together. That is a fantastic combination, and says a lot about the values of our residents. Personally, I was able to explore the trails and green-space 2 blocks up the road, and find my peace by jogging and walking through what has become a "hot spot" in Parks and Rec, the Quarry. For the past 4 years, I frequent that park on my runs, and often pause on the flat dark rocks at the top of the cliff to meditate, release, and re-energize my soul. The trails from this park, can get me to Skyline and the Superior Hiking Trail, and I soon learned how to train for the Grandma's Marathon by running on very few roads, right out my back door. I was raised on 60 acres in the Upper Peninsula of MI, with many miles of trails and woods out my back door. Thinking of moving to a city, and not having that luxury, was a little scary. I couldn't be more blessed with the location of my home, for I have access to hundreds of acres of parks and trails within 2 blocks of my back door. And, I know that most homes here in Duluth, offer a similar experience. As a teacher/educator of creating healthy lifestyle habits through outdoor recreation and fitness, I see the value of our Parks as an asset to our quality of life. These two stories lead me to the 2 big reasons why I would like to join the Parks and Recreation Commission. For the past year+, I have been following the development of the St. Louis River Corridor. I have attended numerous meetings, and served on the Advisory Board for the Western Waterfront Trail (the first trail that I found in Duluth, prior to moving here). I have experienced the challenging economy, and although I hear that the unemployment rate here in Duluth is low, I have not experienced that myself. I see the development and maintenance of the parks and recreational opportunities in West Duluth as being a big part of boosting our economy, and revitalizing the neighborhoods of West Duluth. I see this development and maintenance as a way to attract young professionals to our area, and have recently met a young couple who moved here not knowing anyone, but heard about Duluth's outdoor recreation. So I know that Duluth is continuing to develop its reputation surrounding parks and trails, and I know with the opportunities in West Duluth, we can make this not only a destination tourist spot, but also a more attractive place to live. The second reason I am very interested in serving on this commission, is for my passion for serving youth. I have worked with the Valley Youth Center, and am currently putting together a proposal for them so that we can partner with year around programming for their students. These students are my neighbors, and my experience working with them 2 times over this past winter was heart-warming for many reasons. I see a need for helping these children to explore their backyards, as we do with our daughter. I see this as a leadership teaching opportunity, using outdoor recreation as the tool to help them make positive and healthy choices. I do not see these children, my neighbors, using the parks in our neighborhood. I do not see these children out on the trails with their family. I know that the Valley Youth Center is not the only center in Duluth that serves this population of youth, but it is the one I know personally. The Adventure Gap is real, not only here in Duluth, but around the country. I see Duluth as being a leader in closing this gap, and I am excited at the opportunity to be involved in making that difference in our community. I want to end with a story that I wrote after my first day at the Valley Youth Center. The experience was so joyful to reflect upon, that I shared it with the world in my weekly blog for E3. Enjoy! Thank you for your consideration as a member of the Duluth Parks and Recreation Commission. <http://e3twinports.blogspot.com/search?q=Valley+Youth+Center> (Copy and Paste Link)

Upload a Resume

Demographics



Ethnicity



Gender



Date of Birth